



A Meals on Wheels of Mercer County Publication September 2024

September is Hunger Action Month!

Nutritious food is a necessity, yet so many individuals in NJ are left without it. According to the Meals on Wheels America statistics of NJ's Aging Population, in 2024, 306,067 seniors are experiencing limited or uncertain access to adequate food. Along with that, 160,722 seniors are experiencing reduced quality, variety and desirability of diet.

You can help by volunteering, donating and getting involved in community events.
See below for more information!

Volunteer Spotlight

Partners in Service

Carol Daly and Joan Enright are a dynamic duo—sisters to be exact— but unfortunately their journey volunteering with Meals on Wheels has come to an end as they had their last days offering service in late August.

Daly, a 77-year-old West Windsor resident, first decided to deliver with MOWMC during Covid after seeing a call for volunteers online. Inspired by her aunt, who had volunteered in the past, Daly thought it would be a perfect way to involve her sister Enright, also known as "Joanie," a 73-year-old Robbinsville resident.

The pair delivered meals together for **four years**, taking on their route every Thursday morning. Together, they delivered over 2,000 meals!

"This organization is probably one of the best I've ever come across," Daly said. "The way they treat the volunteers, the way they try to make it easy on them. They're a phenomenal organization."

At MOWMC, we appreciate the bond they brought to our organization, showing the true importance of teamwork and companionship. **We urge others to invite their family and friends!** Teamwork is dreamwork after all, especially when volunteering.

"It allowed for us to have a lot of laughs along the way," Daly said. "It just enhances the entire experience, makes it easier."

Find out how you and your best friend could get involved by emailing Lisa at lkasabach@mealsonwheelsmercer.org or calling 609-695-3483.

Volunteer Opportunities

MOWMC News

Meals on Wheels America celebrated its 50th Anniversary at the annual convention!

MOWMC had the great honor of attending the 2024 Annual Conference in Baltimore, Maryland! Program leaders from all over the country gathered to connect and inspire one another during a week of workshops, learning sessions and networking opportunities.

At the convention, Meals on Wheels America announced its new, bold plan to **END THE WAIT** to ensure that **NO** senior will have to wait for nourishing meals, and that **every senior who seeks this service is provided with it.**

One in three Meals on Wheels programs nationwide have a waitlist for seniors who apply to be participants in the program.

Fortunately, at MOWMC we do not have a waitlist. However, we've noticed that the number of Mercer County residents who are unable to access nourishing food or maintain regular social interactions is on the rise. So many people are WAITING for help. To meet the growing demand, MOWMC desperately needs MORE volunteers.

Please consider volunteering. TOGETHER, we can End the Wait.

Get involved by emailing Lisa at lkasabach@mealsonwheelsmercer.org or calling 609-695-3483.



SPECIAL DELIVERY- 1,700 Meals Delivered in ONE Day!

The staff at Meals on Wheels of Mercer County always thinks ahead to prepare their volunteers and participants - this time was no exception!

On Aug. 7th, participants received a special delivery. In addition to their normal meal delivery for the day, participants also received five delicious, frozen meals to have on hand for the following week. The MOWMC offices were closed August 12th – 15th so that our staff could attend the Meals on Wheels America Annual Conference in Baltimore, Maryland and celebrate the organization's 50th anniversary!



This was our first time delivering that many meals in one day. It took a lot of advance planning and support— gathering the regular volunteers, onboarding new volunteers, mapping out routes, preparing and labeling the meals, along with updating participants on the matter.

MOWMC is grateful to everyone who was involved in making this one-day project a HUGE success! With all hands-on deck, **NO ONE** was left that week without a meal.

By leaving a donation, you're ensuring that our Elders, our Friends and our Neighbors will not have to feel the pangs of hunger and loneliness when they lay their heads to rest at night.

Look for our Annual Report coming soon!

Each year, the Annual Report reflects MOWMC's accomplishments throughout the Fiscal Year - this year, representing July 2023 through June 2024.

We are proud to announce that, over the course of the fiscal year, we **distributed 104,379 meals - with 280 volunteers covering 12,452 shifts!**

THANK YOU to our donors, volunteers and community partners
for your support in making this happen.

[Donate Now](#)

MOWMC In Our Community

**GET IN LOVELY, WE'RE
GOING SHOPPING!**

Stores **Lilly Pulitzer** and **Johnny Was** have partnered with Meals on Wheels of Mercer County!

Whether you're thinking of getting some romantic, floral dresses for a special event, or investing in tropical,

SHOP AND GIVE



10% OF ALL
PURCHASES GO
TO NUTRITIOUS
MEALS FOR
SENIORS IN NEED

WHEN:

SEPT.
14TH

WHERE:

PALMER
SQUARE

SIPS N' SNACKS
AVAILABLE !



trendy styles, you can do so by *also* supporting healthy nutrition for a vulnerable population in **your** community.

Only on Sept. 14th, 10% of all purchases will go towards funding meals for seniors in need.

Paws For Our Cause Walk & Family Wellness Fair



\$100 =

-  One dedicated social media post leading up to October 19th!
-  A sign with your company logo along the path!

FOR MORE INFO:

EMAIL: JOBARAY@MEALSONWHEELSMERCER.ORG

PHONE: (609) 695-3483

We are also still looking for vendors! Currently in attendance are...



Food Truck & DJ:



Click [HERE](#) to register as an individual or family,
Sponsor the event, or join us as a Vendor or Food Truck!

Contact Us: (609) 695-3483 or Email at info@mealsonwheelsmercer.org



Meals on Wheels of Mercer Coun | 320 Hollowbrook Drive | Ewing, NJ 08638 US

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