

A Meals on Wheels of Mercer County Publication June 2024



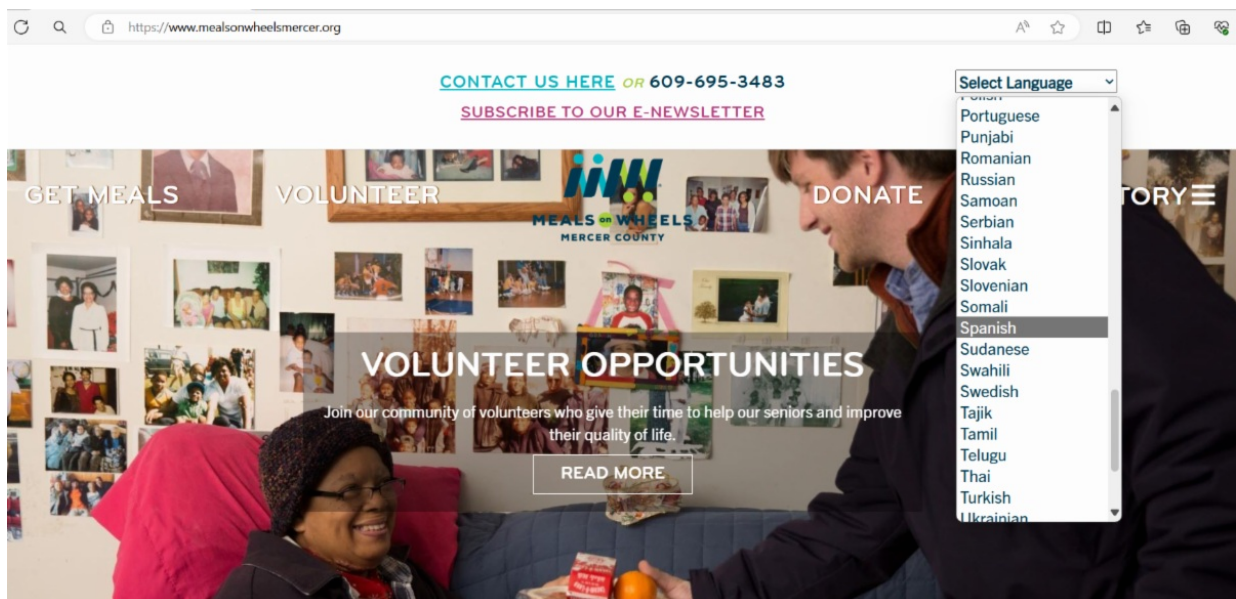
Meet "Lorna"

Lorna is an 83 year old woman living alone. She is unable to shop or prepare meals for herself, receives visits from family members only sporadically throughout the year. Lorna was thrilled to begin receiving healthy meals from Meals on Wheels of Mercer County eight months ago. She says she especially enjoys all the different chicken dishes. Most of all, she looks forward to the knock of her door each day. She is excited to see the volunteer delivering her food, and is eager to chat. Last week, our volunteer was surprised with a handmade gift of two necklaces from Lorna, who wanted to express her gratitude for the food and friendship in the only way she could.

Lorna is just one of our many participants who are touched by the relationships they develop with our volunteers - who are delivering so much more than a meal.

***We are always looking for meal delivery volunteers!
If you are interested, please click [HERE](#) to fill out an application.***

¿Habla español? Visit our website in Spanish!

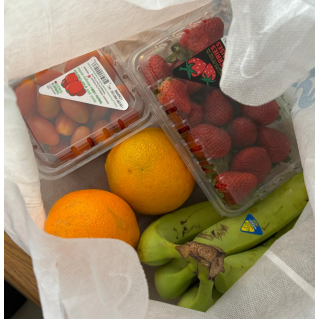


CONTACT US HERE OR 609-695-3483
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VOLUNTEER OPPORTUNITIES
Join our community of volunteers who give their time to help our seniors and improve their quality of life.
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Volunteer Recognition

A huge Thank You to all of the **volunteers** who have been coming out early in the morning to help organize and distribute produce bags every Wednesday!

Farmer George, with Asprocolas Acres, has been delivering over 300 bags of produce to our participants, and will continue to do so throughout the summer.



MOWMC in Our Community

Thank you to Director Hope Anderson & the children in the 3 year old classrooms at **Pennington Presbyterian Nursery School!**

The children painted clay pots (which they filled with marigolds) and watercolor placemats for our participants. It was wonderful to be able to deliver not only a hot lunch, but also the creative and colorful pieces the children took the time to make.

We encourage and applaud the littlest members of our community for thinking of others!

MOWMC Updates

A special welcome to our interns **Oretha** and **Kennedy!**

Oretha comes to us as a TCNJ AmeriCorps summer intern, with a background in Public Health and aspirations to become a Public Health Nurse. She will be assisting with meal delivery and onsite support at Rider, along with projects in the office - including restarting our Friendly Visiting/Calling Program.

Kennedy is a TCNJ Bonner Scholar who has been assisting in meal delivery for the last two years. This summer, she will additionally be joining us in the office to assist with special projects.

Welcome to our Paws for Our Cause Walk & Family Wellness Fair Co-Chairs!

Jennifer Keyes-Maloney is a Ewing Councilmember and Executive Director of the New Jersey Association of State Colleges and Universities. She is a huge pet advocate and participated on the Walk Committee last year.

Michael Cuccinello is Branch Manager at OceanFirst Bank. With a passion for senior nutrition and a love for dogs, he will be a great asset to this event!



Save the Date

PAWS FOR OUR CAUSE WALK



FAMILY WELLNESS FAIR



OCTOBER 19, 2024 • 1-3 PM
ROSEDALE PARK, PENNINGTON, NJ

Raising critical funding for **Senior Nutritional Services** as well as the Meals on Wheels of Mercer County **Pet Pantry**— keeping our homebound seniors and their pets healthy, happy & together.

FEATURING:

- Exercise demonstrations.
- Food, nutrition and wellness exhibits.
- Pet Adoption
- Pet Costume Contest
- Food Truck Rally
- Basket Auction
- Give-Aways & More



SPONSORSHIPS AVAILABLE

eshulman@mealsonwheelsmercer.org
609.695.3483 • www.mealsonwheelsmercer.org



If you would like to be on the **Event Planning Committee** or participate as an **Event Sponsor** or **Vendor**, please contact:

Evelt Shulman at 609-695-3483 or eshulman@mealsonwheelsmercer.org

Donations

If you would like to make a donation **In Memory** or **In Honor** of someone, or set up recurring monthly giving, you may do so **HERE**.

Contact Us: (609) 695-3483 or Email at info@mealsonwheelsmercer.org



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