



NEWS ON WHEELS

A Meals on Wheels of Mercer County Publication December 2023

At the holidays, if you're like most of us, you're spending time with loved ones and coming together for festive meals. However, for our older neighbors who find themselves homebound or living alone, it's a time when hunger and isolation can make each day harder.

The meals you helped provide make a huge difference for our homebound neighbors, but the meal is only part of it. Each meal is prepared with love and delivered by one of our caring volunteers, who also checks on their well-being. This may be the only contact our participants have with another person.

Your gifts provide so much more than a meal - peace of mind, independence, dignity, and a sense of community.

On behalf of the Board of Trustees, staff, and participants:

THANK YOU

for all of your support - not just this holiday season, but throughout the year.

Volunteer Spotlight

For this month's Volunteer Spotlight, we'd like to highlight Dwight! Dwight delivers meals twice a week in Lawrence and Princeton. He has delivered Meal on Wheels for over 25 years! Dwight stopped by this week to give everyone a homemade holiday CD that he created. Thanks Dwight for all of your years of service, and for adding music to our office!

In the photo, Dwight is pictured with MOWMC staff - Evett Shulman, Beth Englezos, Ruth Todd and Darlene Francis.



Our Community

A huge thanks to **NJ Advance Media** for choosing MOWMC for their Times Holiday Appeal 2023 program!

As part of this appeal, they are offering a matching gift of up to \$5,000 from **The Rose and Louis H. Linowitz Foundation**. You can learn more about the Appeal [HERE](#).

Double your donation [HERE](#)

We also thank **NJM Insurance Group** for their pledge of a \$15,000 donation!



A Gift For You...

Over the last month, we have been collecting some of our participant's favorite recipes, to incorporate into our daily menu! Below is one of the many delicious recipes we have received, which we wanted to share.

**If you decide to give the recipe a try,
please post to social media and be sure to tag us!**



RECIPE FOR: Mom Hall's Chilli

Submitted by: Louis 

INGREDIENTS

7½ T. corn oil
1½ c. chopped onions
4½ cloves garlic
¾ c. green pepper
3 lb. ground beef
6 c. peeled tomatoes
6 c. kidney beans
1½ t. salt
6 T. chilli powder
1½ c. boiling water

DIRECTIONS

Heat corn oil in large pan. Sauté onions, garlic + pepper, until onions are translucent. Add ground beef and brown. Add remaining ingredients except water. Cover and simmer 1 hour. Add H₂O plus additional H₂O if want thinner consistency. Yields about 9½ lbs.



SUBARU **share the love**® EVENT

In search of a new vehicle? You can **#ShareTheLove** by purchasing or leasing a new Subaru **between now and January 2**, helping ensure that seniors receive the nutrition and daily visits they need provided by **#MealsOnWheels**.

For more information, visit [Share the Love](#) or view this [Impact Flyer](#).

Make Your Year End Donation Matter

Click the image below for a video highlighting the importance of your donation!

[Donate Now](#)



HAPPY
Holidays

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